

COMMUNITY NOTICE

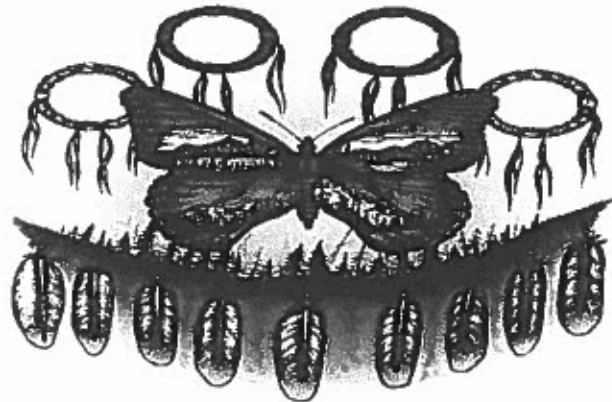
*PLEASE PRAY FOR
PEYTON CALDER <3*



For

WEDNESDAY

February 24, 2016



**Looking for bids for
Catering Services for**

**NIGIGOONSIMINIKAANING FIRST NATION
15th Annual Health Fair
Healthier Lifestyle Choices
March 16, 2016**

**MUST provide a Healthy snack and lunch menu for
approx. 100 attendees**

MUST be PEANUT FREE

**Bids can be emailed to healthassistant@nigig.ca by
Tuesday, March 8, NO LATER THEN 3PM.**

**Late bids WILL NOT be excepted
Please subject your email as CATERING BID**

Miigwech!

In support of Peyton and her family

The Mine Centre School Girls' Club is having a

Pizza Lunch

on

Friday, March 4, 2016



**A homemade slice of pepperoni or cheese pizza with
a cup of homemade fruit salad for \$5.00.**

**All funds received will go towards helping Peyton and
her family during her stay in the hospital in Toronto.**

Orders due by 12 p.m Wednesday, March 2

NURSE PRACTITIONER



Thursday, March 3, 2016

@ THE HEALTH STATION

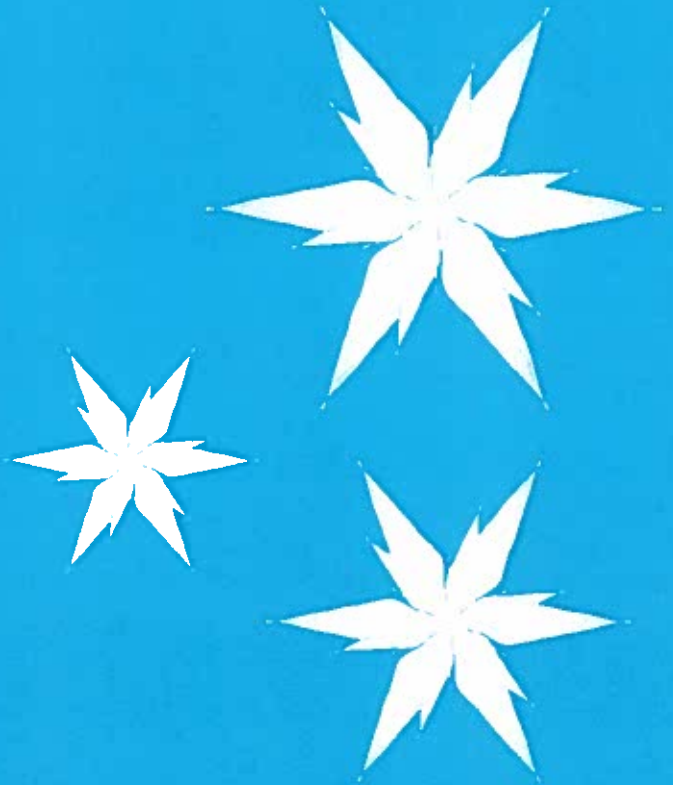
TO BOOK AN APPOINTMENT

CALL 481-2559, BY

March 2, 2016 by NOON

PLEASE BRING YOUR
HEALTH CARD

Community Health Nurse



Thursday, February 25, 2016

9:00 am - 3:30 pm

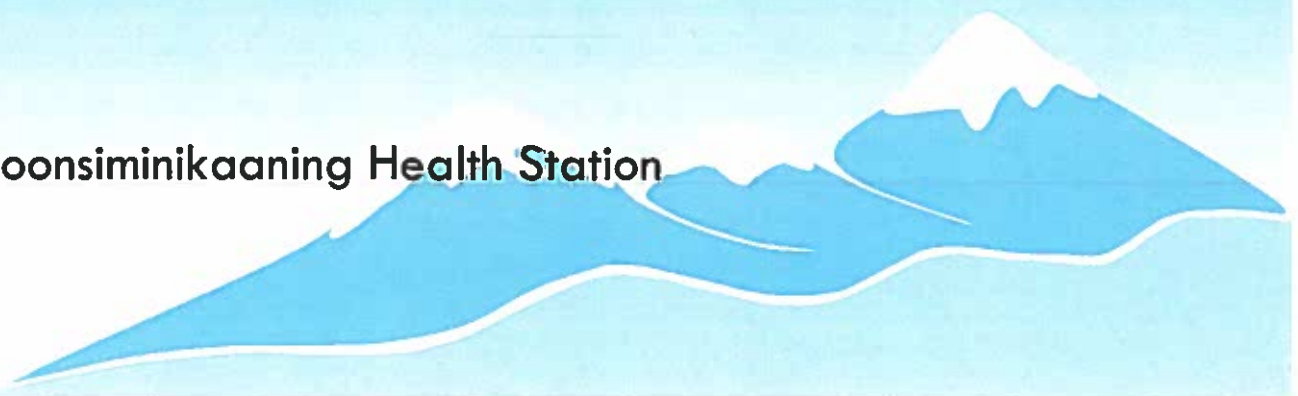
The Health Station

Nigigoonsiminikaaning First Nation

Patti-Jo LeDrew, RN, will be in the community for these dates.

Should you wish to make an appointment with Patti-Jo, please call the Health Station at 481-2559.

Nigigoonsiminikaaning Health Station



RIGHT TOPLAY

Mid Term Assessments!!!

*It's that time of year again to assess your **After School Program, Youth Leadership Program and Sport For Development Program!!!***

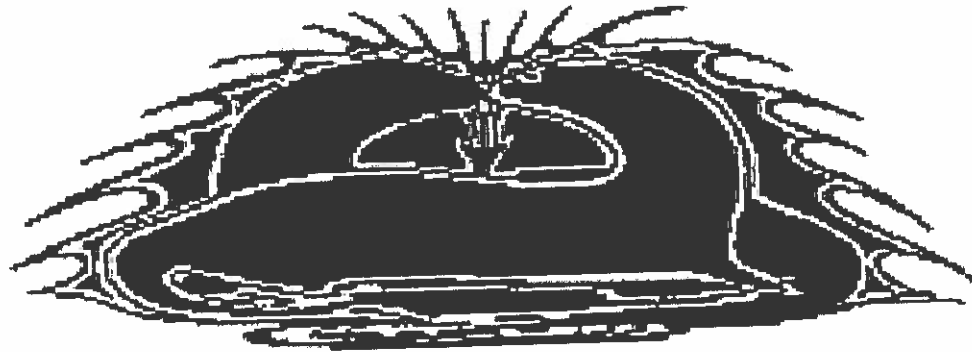
Friday February 26, 2016

Starting at 6:00pm

At the Gym

Pizza will be served to all those who complete an assessment

**DIABETES SCREENING & DIETITIAN
EDUCATOR CLINIC
March 1, 2016 at 9:30 am**



Tracey Roach RN-Diabetes Program Supervisor

She can help with Blood glucose monitoring, Support in managing your diabetes, Managing Diabetes Medication, Gestational Diabetes Education etc.

Sandra McNay – Footcare

She is available for any footcare needed at this time.

The ladies will once again be doing two draws for food baskets at this time for clients who have appointments.

**Call 481-2559 to book your appointment or stop by at Health Station.
Meegwetch**

Manitou Rapids Elder's Council

Merchandize Bingo

Date: Sunday, Feb. 28, 2016

Time: 1:00 p.m. to 4:00 p.m.

Place: Manitou Rapids Gym

Canteen/Snack bar will be available.

10 regular games with gift certificate/merchandize prizes

2 Specials with 50/50 cash prizes.

1 Special blackout game with a 75% take home prize.

50/50 Tickets will be sold until the final draw which will be on April 24, 2016. (Winner does not have to be present to win).

Bring your dabbers!

A time to socialize!

A time to play!

Bring your friends!

Must be 18 yrs. and older to play!



LADIES HAND DRUMMING CIRCLE

Calling all Ladies who are interested in learning, singing, sharing, and drumming for wellness!

Waabskii Binsiik ladies hand drum group members come together to sit with other ladies of all ages to share their song bundle. Ladies who wish to participate do not need to carry a hand drum, you can come sit in circle and listen, learn, and hear stories of the songs we carry for wellness. This is a very casual and relaxed atmosphere.

**Ladies are asked
to wear skirts**

**Monday February
8, 2016**

**601 Kings Hwy
use side door
6:00-8:00pm**

**Ladies of all ages
welcome**

Call for more info

**FORT FRANCES
TRIBAL AREA
HEALTH**

Behavioural Health
Services

www.fftahs.com

807-274-9839